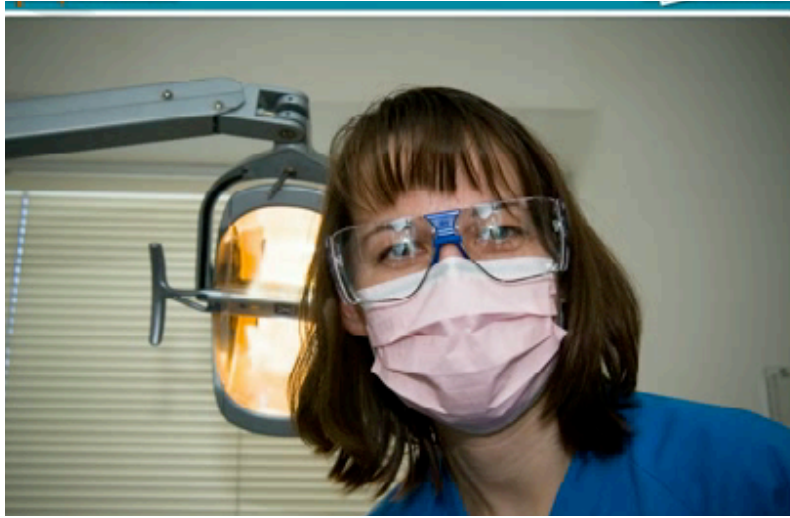


Going to the Dentist

Created by Jackie Schuldt, Iroquois County Autism Support Team



I will lie down in the dentist's chair that moves up and down. First, a hygienist will clean my teeth, then the dentist will come make sure they're healthy.



The hygienist will turn a bright light on to help look inside my mouth. She will wear gloves, a mask, and maybe goggles to make sure we stay healthy.



I will get to wear a special dentist bib while I'm lying down in the dentist chair; it helps keep my clothes clean.



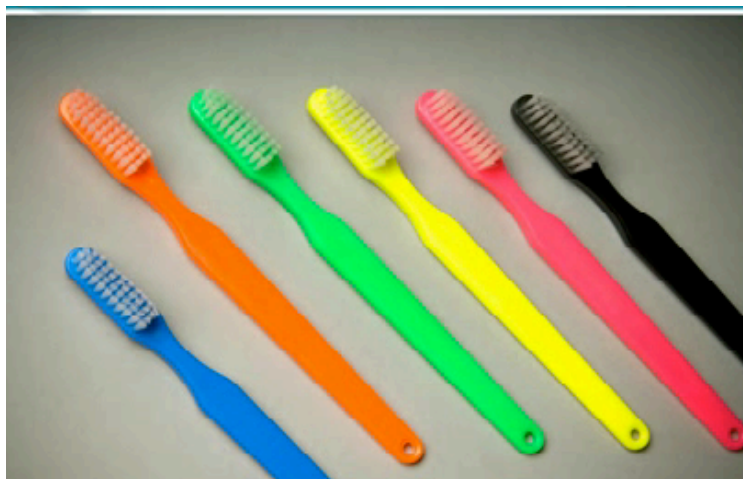
I will need to keep my mouth wide open and hold my head still while the dentist looks in my mouth. I can say “Ahhhh” like when we brush our teeth at home.



The dentist will look inside my mouth with a mirror and maybe poke and touch my teeth. This could tickle or feel funny, but it will be fun.



The dentist will use a special toothbrush that makes a buzzing sound to clean my teeth. This might taste funny, but it's good for my teeth.



After the dentist is finished I might get a new toothbrush. Seeing the dentist is fun.

Seeing the Dentist



The Dentist is a person who cleans our teeth and helps keep them healthy. Some people go to the dentist's office, and sometimes the dentist comes to school.